

Specialist PE at Craighburn Primary School

Information for Parents 2016

Specialist PE Lessons

This year all classes will be involved in weekly specialist physical education lessons with Karen Pettman on Tuesday, Thursday or Friday. A main focus across all year levels will be on sportsmanship, co-operation, teamwork and participation. Students are continually assessed using the Australian Curriculum in Health and Physical Education in the strands of Movement and Physical Activity.

Reception – Year 2 classes will be involved in PE lessons aimed at students actively participating in games and activities to develop fundamental movement skills, spatial awareness, co-ordination, locomotor skills, ball skills and striking skills.

Year 3 – 4 classes will be involved in games, activities and tasks incorporating specific sports skills and games involving problem solving, with further development of fundamental movement skills, ball skills and striking skills through invasion, target, striking/fielding and net games.

Year 5 – 7 classes will be involved in PE lessons using fundamental movement skills and sports skills in modified sports specific games. Problem solving, strategic thinking and critical reflection will be encouraged as students enhance and modify games.

Premier's Be Active Challenge

All students at Craighburn are encouraged to participate in the Premier's Be Active Challenge, which is a program for all South Australian children. The challenge is to be physically active for 60 minutes a day for 5 days a week, for 4 weeks. If students achieve this, they receive a medal in recognition of the number of years they have completed the challenge. Activities include not only sports but also active chores, walking the dog, gardening, riding bikes, dance plus many more active tasks.

Sports Day

This year our Sports Day will be held on Friday 8th April. When students start school they are assigned to a house team being Bradman, Fraser, Riley or Woodforde. On sports day classes are involved in a range of tabloid and athletic events on the school oval, courts and gym. Year 7 students have the opportunity to nominate for a leadership role for Sports Day House Leaders. Families and friends are encouraged to join the students on this day.

SAPSASA

Craigburn Primary School has a strong history in participation in the South Australian Primary Schools Amateur Sports Association (SAPSASA) competition. There are 3 levels of SAPSASA teams/sports: knockout (school based), district and state. We are part of the Southern Heights District and enter into a wide variety of SAPSASA events throughout the year. Team sports are generally for Year 6/7 students and individual sports for students 10-13 years of age. SAPSASA information will be published in the school newsletter/blog, daily student notices & SAPSASA notice board.

Sports Expo

Each year in Term 4 schools throughout South Australia celebrate PE Week. Physical Education Week promotes the importance of Health & PE in the Australian Curriculum, and highlights the importance of Health & PE to the learning and development of children and young people. Here at Craigburn we hold 3 full days of Sports Expos to celebrate PE week where the students have the chance to participate in a variety of activities and learn new skills, while connecting with local sporting groups and organisations in the community.

If you need any further information about PE at Craigburn Primary School please feel free to contact me.

Karen Pettman

Specialist PE Teacher

Craigburn Primary School

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