Online psychological support for children with big feelings & life challenges

Do you have a child who:

- Worries & gets frustrated
- Has difficulties in making/managing friendships
- Has been through tough life situations
- Might have a mental or emotional health challenge or diagnosis

We can help!

Calm Kid Central

1. Our child psychologists are on standby to help you with unlimited questions about children within 48 hours.

Tell us any question or concern you have about your child. Our panel of experienced & fully qualified child psychologists will carefully read and answer your questions online within 48 hours.

2. We help children learn to cope with big feelings, act confidently, stay calm, cope with friendships & act co-operatively.

Animated videos (and activity sheets & posters) for children on topics such as: Following Tough Instructions, Why We Get Mad and What To Do, Being Brave, Coping with "Mean" Behaviour – & many more:

3. We teach you to feel calmer, more confident and effectively support kids with "big feelings" & life challenges

Videos, articles and "cheat" sheets to know how to support children with anxiety, frustration, challenges with friendships and psychological disorders.

Free for families with a health care card, as supported by Adelaide Primary Health Network go to www.calmkidcentral.com, click JOIN NOW, and use code FIRSTYEAR.

No health care card? Use code FIRSTMONTHFREE to try one month for free.
After this month: $28.50 per month (no minimum time commitment, cancel anytime) or $177.50 per year (save $164.50)

calmkidcentral.com

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