Busy Bodies Workshop 4/5 A

Dear Parents and Caregivers

Kidz Biz Education presents Growth and Development sessions in the classroom during Term 1.The class teacher attends the sessions and after provides opportunities in class for follow up discussions. The teachers encourage attendance of students at this workshop, being that these sessions cover topics that are in the *Australian Curriculum and the Keeping Safe: Child Protection Curriculum*. If parents have any concerns these should be addressed to the class teacher or principal. The session includes:

**The Amazing Human Body (Reproductive System**

* Familiarise students with basic names, positions, and functions of the female reproductive system
* Familiarise students with basic names, positions, and functions of the male reproductive system.
* **Birds, Bees & Babies:** **Conception to Birth**
* Enables the students to understand the process of conception/ fertilisation, including an explanation of egg, sperm and how they get together.
* Explain in basic terms the birth process including the waters breaking and contractions

**Busy Bodies: Changes during puberty**

* Informs students of physical changes associated with puberty for both females and males e.g. breasts grow, voices break, pimples, body odour, menstrual cycle including pads
* Encourages students to feel comfortable about the changes happening to them and an acceptance of individual variations

Yours sincerely,

The Year 5 team